

DBYC

# iSail<sup>®</sup>

## LIDGETT TROPHY



# SAILING INSTRUCTIONS

*v1.0 - prepared 22 January 2016*

Organising Authority is Davey's Bay Yacht Club in conjunction with the Victorian Sabot Sailing Association, the Victorian Minnow Association and the Victorian International Optimist Dinghy Association.  
Hosted by: Davey's Bay Yacht Club (DBYC).

## 20 & 21 February 2016

**Saturday 20 February 2016** - Registration, Coaching, Racing & Dinner  
**Sunday 21 February 2016** - Coaching, Racing & Presentation



TOORAK COLLEGE  
Mount Eliza



## 1. RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

Novice Blue and Green fleets will race under the ISAF Introductory Racing Rules (**Refer Attachment B**).

## 2. ENTRIES

Eligible boats may enter by completing registration with the organising authority as per Notice of Race.

## 3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the DBYC senior clubhouse.

## 4. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted before 1300 hrs on the day it will take effect, except any change in the schedule of races will be posted by 0900 hrs on the day it will take effect.

## 5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the flagpole next to the DBYC Safety Tower.

5.2 Flag **AP** with two sound signals (one sound signal when lowered) means 'The race is postponed. The warning signal will be made not less than 30 minutes after **AP** is lowered.'

5.3 Fleets shall not go afloat for coaching or racing sessions until their '**OK to Go Afloat**' Flag as defined in the table in **Attachment A** is displayed from the flagpole next to DBYC Safety Tower.

## 6. EVENT & RACE SCHEDULE

<i>Date 2016</i>	<i>Event</i>	<i>Location</i>	<i>Time (Warning Signal)</i>
Fri 19 Feb	<b>Competitor</b> Registration	Junior Club House	1600 – 1900 hrs
Sat 20 Feb	<b>Competitor</b> Registration & Inspections	Junior Club House	0800 - 0930 hrs
	Coach & Power Boat Driver Registration	Under Club <i>West end</i>	0815 – 0900 hrs
	Coach & Power Boat Driver Briefing	Under Club <i>West end</i>	0900 – 0930 hrs
	<b>Competitor</b> Briefing	Rear Lawn	1000 hrs
	<b>Competitor</b> Coaching Session	On-water	1015 – 1230 hrs
	Race Management Briefing	DBYC Tower Mtg Rm	1230 hrs
	<b>Competitor</b> Racing Information Session	Rear Lawn	1300 hrs
Sun 21 Feb	<b>Races</b> back to back (target 3 – 5 races)	On-Water	1355 hrs
	BBQ	Rear Lawn	After Racing /1800 hrs
	Coach & Power Boat Driver Briefing	Under Club <i>West end</i>	0830 hrs
	<b>Competitor</b> Coaching Session	On-water	0900 - 1230 hrs
	Race Management Briefing	DBYC Tower Mtg Rm	1230 hrs
	<b>Competitor</b> Racing Information Session	Rear Lawn	1300 hrs
	<b>Races</b> back to back (target 2 – 4 races)	On-Water	1355 hrs
	Presentation	Rear Lawn	After Racing

On the last day of racing no Warning signal will be made after 1600 hrs. Resails will be scheduled at the discretion of the Race Committee on any scheduled race day as required.

When more than one race will be held in the same racing session the warning signal for each succeeding race will be made as soon as practicable after the preceding race.

## 7. CLASS FLAGS

The class flags shall be a flag carrying the:

- Optimist class symbol for Optimist and Ozi-Opti
- Minnow class symbol for Minnow
- Sabot class symbol for Sabot

## 8. COURSE AREAS & FLAGS

The Course Areas will be on Port Phillip off Davey's Bay and shall be identified by the coloured Course Flag flying from the mast of the Start Vessel. The Course Area shall be defined, as an area extending 100 metres beyond the course that would normally be taken by a boat when racing.

**Course Flags** & approximate **Course Area** locations are shown in **Attachment A**. Boats will race on the Course Area designated for the fleet they are placed in at registration, or as varied by DBYC.

The locations of the **Advanced** and **Intermediate** course areas shown in **Attachment A** are for winds on a North/South (vertical) axis. If the wind is on an East/West (horizontal) axis then the location may move (**Adv** will move North outside Wooley's Reef & **Int** will move East inside Wooley's Reef). **Novice Blue & Green** course areas will remain as shown regardless of the wind direction.

## 9. COURSE

The Course, the order in which marks are to be passed, and the side on which each mark is to be left are shown in **Attachment A** with race length to be determined by the Race Committee in its absolute discretion. As a guide, Mark 1 is expected to be between **0.20** and **0.4** nautical miles from mark 2. The distance from the Start to Mark 2 and Mark 2 to the finish will be approximately 50 to 100 metres.

## 10. MARKS

Marks are shown in the table in **Attachment A** located as per Course diagram shown in **Attachment A**.

## 11. START

11.1 Races will be started using RRS **26** with the warning signal 5 minutes before the starting signal.

11.2 The starting line will be as shown in the table in **Attachment A**.

11.3 Boats whose Warning signal has not been made shall keep clear of the starting line and of all boats whose Warning signal has been made.

11.4 A boat shall not start later than 5 minutes after her starting signal. This alters RRS **A4** and **A5**.

## 12. CHANGE OF COURSE AFTER THE START

Rule **33** shall not apply.

## 13. FINISH

Finish line will be as shown in table in **Attachment A** located as per Course diagram in **Attachment A**.

## 14. TIME LIMIT

The target time for each race will be 15 to 20 minutes. Boats failing to finish within 5 minutes after the first boat for their class sails the course and finishes will be finished on the water in the place they are currently in and returned to the start area for the next race. Failure to achieve the target time for a race shall not be grounds for redress. This alters RRS **35**, **62.1(a)**, **A4** and **A5**.

## 15. SAFETY

15.1 Fundamental Rules: Competitors attention is drawn to fundamental RRS **1** and **4**.

15.2 **Personal Buoyancy**: Approved personal buoyancy shall be worn by all competitors at all times while afloat. Wet or dry suits do not constitute approved personal buoyancy. Flag **Y** will not be displayed. This alters the preamble to Part 4, RRS **40** and race signal **Y**.

15.3 Retirement Afloat: Any boat retiring from a race shall, when possible, notify an official vessel before leaving the racing area.

15.4 **Coloured Wrist Band**: Competitors shall wear the wrist band issued at registration at all times.

15.5 **Sign-On & Sign-Off On-Shore**:

- Sign-on Sign-off is located adjacent to the main ramp directly beneath the DBYC safety tower;
- The skipper of each boat shall wear the electronic sign-on sign-off device / band issued at registration on their wrist. The electronic band is the property of DBYC, is on 'loan' for the event and shall be returned at sign-off on Sunday. If lost, skipper shall pay \$5 for each lost 'device';
- Each time a boat leaves & returns to the beach, each skipper (no parents) shall sign-on / sign-off by passing electronic device on their wrist past the electronic sensor at Sign-on Sign-off.
- Sign-off is to be done <30 minutes after last boat in a fleet finishes the final race of each session.
- The competitor is responsible for ensuring the electronic sign-on sign-off sensor confirms it has registered your electronic device Signing-on & Signing-off.
- Not complying with SI.15 may result in being scored DNC without a hearing. This alters RRS 63.1;
- If there is an issue with the electronic Sign-on Sign-off system, DBYC reserves the right to implement an alternate system.

15.6 **Sign-On On-water**:

- When boats reach their Course Area they are to pass across the stern of the Start Boat displaying their Course Flag with their sail number is visible & get the Race Crews attention.

15.7 **Rescue Boats**: Competitors in difficulty are asked to respect instructions of rescue boat crews.

## 16. PENALTY TURN/S REPORTS

Any boat that completes a penalty for infringing a rule of Part 2 or RRS **31** shall make a report on the 'Penalty Turn/s List' displayed on the regatta notice board after the completion of racing and before the protest time limit each day.

## 17. SAFETY & MEASUREMENT CHECKS

All competitors shall be responsible for completing a 'Safety Self-Check' signed by their parent or guardian as part of registration and ensuring their boat complies with all class safety requirements. The race committee reserves the right to measure any boat or conduct a safety check at any time.

## 18. PROTESTS

18.1 Protest forms will be available at the race office and protests shall be delivered there within 60 minutes after the time of the last boat of a fleet finishes in the last race of the day.

18.2 Protest notices will be posted approx 30 mins after the protest time limit to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.

18.3 Protests will be heard in approximately the order of receipt as soon as possible.

18.4 RRS **66** is changed by adding the following: 'On the last day of racing, a party to a hearing may ask for a reopening only if the request is received within one hour of receiving the protest decision, or if no race is completed on the last day no later than 1 hour after abandonment signal is made.'

18.5 Infringements of SI's 15 (Safety), 21 (Support Boats) and 22 (Electronic Communication) will not be grounds for a protest by another boat. This alters RRS **60.1(a)**.

## 19. SCORING

Racing in the iSail Lidgett Trophy will consist of up to **eight** races of which **three** races shall be completed to constitute a series. Each boat's series score will be the total of her race scores, except if **four** or more races are completed she may discard her worst score and if **eight** races are completed she may discard her worst two scores, except when prohibited in RRS **A4.2**. The lowest series score wins.

## 20. CHANGE OF CREW AND EQUIPMENT

20.1 Change of Crew. There shall be no change of crew without prior written permission from Race Committee. A request for permission for a change of crew shall be lodged at DBYC Tower no later than one hour before the advertised warning signal of the first race of the day the boat is scheduled to compete in, or, if the race has been postponed ashore, the lowering of flag 'AP' as prescribed in instruction 5.2. If a written request is not submitted as required the boat concerned may in alteration of RRS **63.1**, be scored **DNC** without a hearing for race or races concerned.

20.2 Change to Equipment. Any request to seek permission to change equipment shall be made in writing to Race Committee before end of protest time on the day the equipment has been damaged. Only in exceptional circumstances will requests outside this time be accepted. When two or more races are scheduled on one day a verbal request for change may be made after the start of the first race of the day. If granted, the request shall also be submitted in writing before the end of protest time that day and all such equipment may be measured at the Race Committee's discretion. If a request is not submitted, or if when measured, the replacement equipment does not comply with the class rules, the boat shall in alteration of RRS **63.1**, be scored **DNC** for race or races affected. Request for change of equipment forms will be available from the Race Office.

## 21. SUPPORT BOATS

All power boats / power boat drivers must:

- Register with Organising Authority (by emailing Peter Danks prior to event on [peter@efg.com.au](mailto:peter@efg.com.au));
- Attend Coach / Power Boat driver briefings shown in the Event Schedule in **Attachment A**;
- Display prominently the numbered coloured identification flag and carry the 'safety buoys' issued by DBYC at the Coach / Power Boat driver briefing;
- Carry a VHF Radio and monitor Channel 72 (unless advised otherwise by DBYC);
- Hold a current power boat operators license;
- Restrict their speed to 5 knots, except in an emergency (and then only outside '5 knot zone'); and
- Assist the organising authority with safety matters when requested - when flag W (with a long sound signal) is displayed on a Committee Boat, or flagpole next to the DBYC Tower all coach and support boats are requested to remain afloat & assist all sailors.

Unless directed by the race committee, team leaders, coaches and other support personnel whilst afloat shall not enter the course area, starting area, finishing area or go closer than 100 metres to any boat racing between the first Preparatory signal for the first class to start and when the last boat finishes inclusive or the race committee signals a postponement or abandonment, except for accredited regatta coach boats or in boats provided by the organising authority or when requested by the Race Committee. The penalty for failing to comply with this requirement may after protest, be the disqualification of all boats associated with the infringing support personnel.

## 22. ELECTRONIC COMMUNICATION

A boat, whilst racing, shall neither make nor receive electronic communications (incl. mobile phones) unless the communication is for safety purposes.

## 23. PRIZES

Where 5 or more boats race in a category (e.g. Nov. Blue Optimist), trophies will be awarded as listed below. Where there are 3 or 4 entries in a category, a trophy will be awarded for 1st place. Where there are less than 3 entries in a category, no trophy will be awarded for that category.

23.1 Advanced Optimist, Minnow & Sabot - 1<sup>st</sup> (Perpetual Trophy), 2<sup>nd</sup> & 3<sup>rd</sup> place.

23.2 Intermediate Sabot, Minnow, Optimist – 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> place.

23.3 Novice Blue - 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place.

23.4 Novice Green (non Ozi-Opti) - 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place.

23.5 Novice Green Ozi-Opti training boats - 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place.

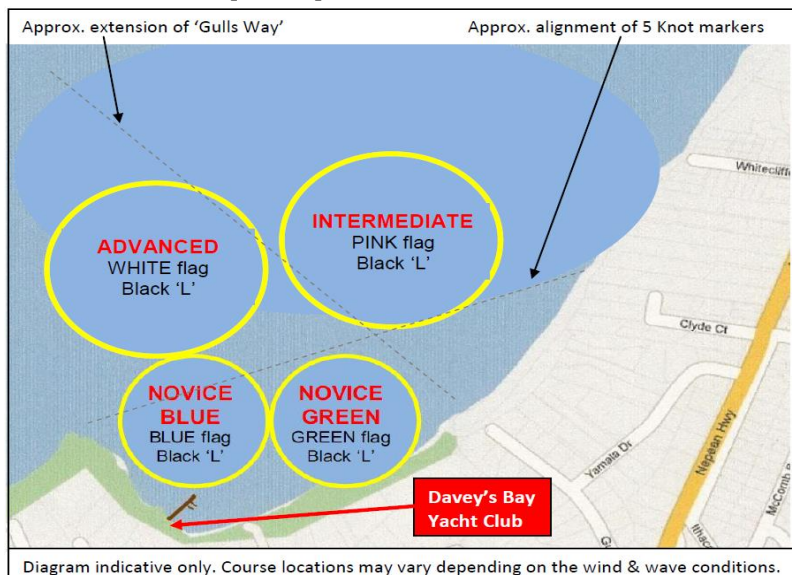
Other participation & encouragement trophies may be awarded at the discretion of DBYC.

## 24. LIABILITY

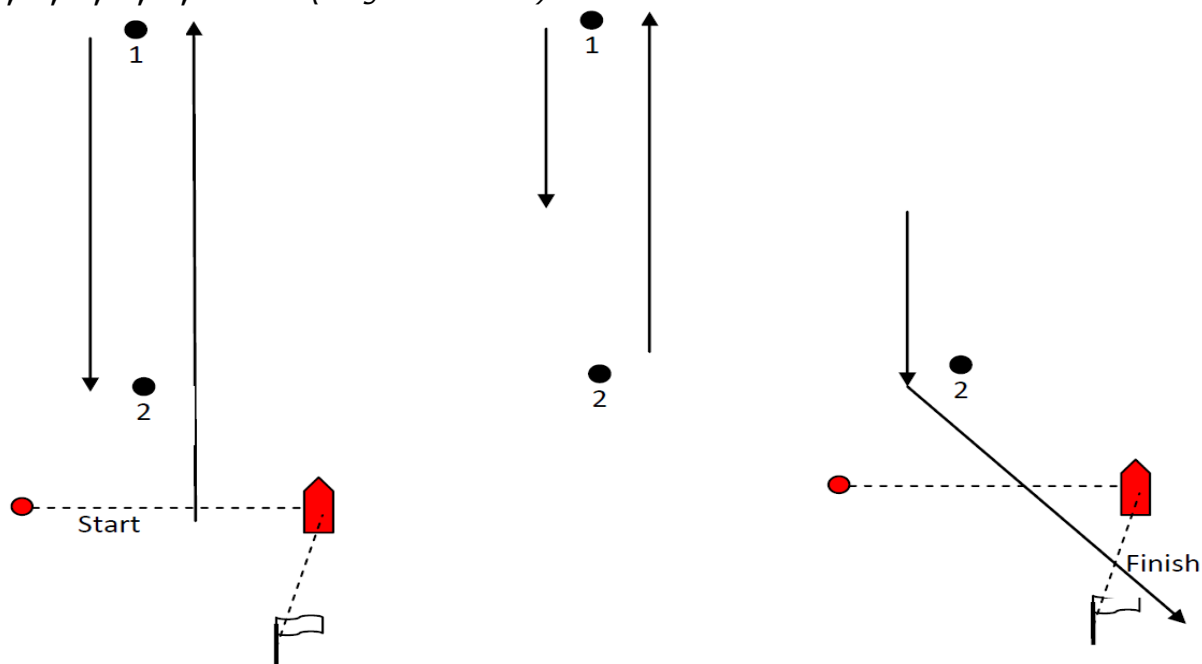
Competitors sail at their own risk. Injuries to competitors and damage to boats can and often does occur. The Organising Authority and all parties involved in the organisation of the Regatta (defined as 'Organisers' in Notice of Race') accept no responsibility or liability for any loss, damage or injury which may occur to any person or property, whether ashore or afloat, as a consequence of participation in the Regatta or otherwise. The Organisers disclaim any and all such liability. The Notice of Race and these Sailing Instructions in no way limit or reduce the complete and unlimited responsibilities of a competitor for the management and care of themselves and a boat they may be sailing in the Regatta.

# ATTACHMENT A

## Course Areas (SI.8.)



## Course (SI.9.): Advanced, Intermediate, Novice Blue & Novice Green Start, 1, 2, 1, 2, Finish (image not to scale)



## Flags (SI.8.), Marks (SI.10.), Start (SI.11.) & Finish (SI.13.):

COURSE	ADVANCED	INTERMEDIATE	NOVICE BLUE	NOVICE GREEN
	Optimist, Minnow & Sabot start together	Optimist, Minnow & Sabot start together	Optimist, Minnow & Sabot start together	Optimist, Minnow, Sabot & OziOpti start together
Race Officer	Davey's Bay Yacht Club RO - Richard Starkins	Royal Brighton Yacht Club RO - Simon Tedstone	Davey's Bay Yacht Club RO - Chris Schwarz	Mornington Yacht Club RO - Dave Eickmeyer / Graeme Taylor
OK to 'Go Afloat'				
Start Vessel 'ON-STATION'	<b>WHITE</b> flag with Black 'L'	<b>PINK</b> flag with Black 'L'	<b>BLUE</b> flag with Black 'L'	<b>GREEN</b> flag with Black 'L'
COURSE Flag				
CLASS Flags	Optimist flag	Optimist flag	Optimist flag	Optimist flag
START	Line b/n <b>COURSE FLAG</b> on Race Vessel & <b>RED</b> Inflatable Buoy	Line b/n <b>COURSE FLAG</b> on Race Vessel & <b>PINK</b> Inflatable Buoy	Line b/n <b>COURSE FLAG</b> on Race Vessel & <b>RED</b> Inflatable Buoy	Line b/n <b>COURSE FLAG</b> on Race Vessel & <b>RED</b> Inflatable Buoy
MARKS 1 & 2	<b>ORANGE</b> Tall Self-Inflating Buoys	<b>YELLOW</b> Inflatable Buoys	<b>ORANGE</b> Tall Self-Inflating Buoys	<b>YELLOW</b> Slender Inflatable Buoys
FINISH	Line b/n <b>COURSE Flag</b> on Race Vessel & <b>WHITE</b> 'pin' flag	Line b/n <b>COURSE Flag</b> on Race Vessel & <b>PINK</b> 'pin' flag	Line b/n <b>COURSE Flag</b> on Race Vessel & <b>BLUE</b> 'pin' flag	Line b/n <b>COURSE Flag</b> on Race Vessel & <b>GREEN</b> 'pin' flag



## Introductory Rules for Racing

Version 1.01 - February 2008

### Some Explanations

*Windward and Leeward:* The *leeward* side of your boat is the side where your mainsail lies. The *windward* side is the other side.

*Port and Starboard tack:* You are on port or starboard tack according to your *windward* side.

*Advisor:* A person appointed by the race organizers to assist competitors in understanding the rules and, when appropriate, to penalize a boat.

### Basic Rules

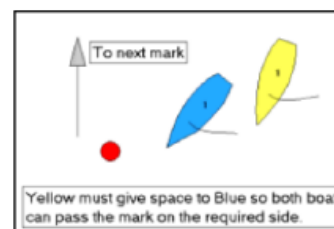
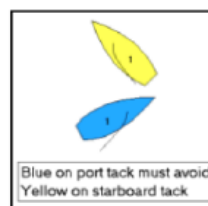
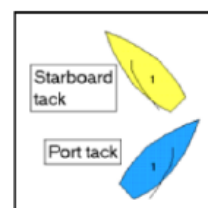
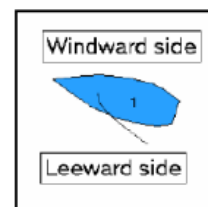
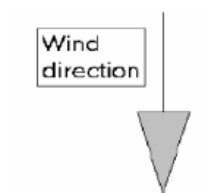
1. You must comply with the principles of good sportsmanship.
2. You must try not to collide with another boat.

### Rules When Boats Meet

3. When you and the other boat are on opposite tacks, if you are on port tack you must avoid the boat on starboard tack.
4. When you and the other boat are on the same tack, you must avoid the other boat
  - a) if she is in front of you, or
  - b) if she is on your leeward side.
5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite tacks at a windward mark, this rule does not apply.
6. When the other boat is required to avoid you, if you change course, you must give the other boat an adequate opportunity to avoid you.

### Other Rules

7. At the starting signal you must be behind the starting line.
8. After the starting signal, you must sail the course described by the race organizers.
9. You must not touch a mark of the course.
10. If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the advisor after the race. The advisor may then add two points to the score of any boat that has broken a rule. If the offence is serious, the advisor may add extra points to the boat's score.



### Responsibilities of Race Organizers

- a) To run fair, enjoyable and safe races.
  - b) To inform all the competitors about the sequence of starting signals, the starting and finishing lines, the course to be sailed and the marks to be rounded.
  - c) To score each boat points equal to her finishing position, after adjusting for handicaps when appropriate.
  - d) To appoint an advisor on the rules and procedures for racing.
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### **Introduction and Use**

These rules are designed to stand on their own so that sailors who are starting to race can compete using only these few rules and without the need to learn the many details of the ISAF Racing Rules of Sailing (RRS). They are appropriate for small boats in sheltered waters; they are not intended for boats over 6 metres (20 feet) long when an experienced person should be alongside and able to instruct the novice helm. These rules are compatible with the principles and fundamental rules in the RRS. However, they are neither a guide to nor an abbreviated form of the RRS.

The rules are intentionally minimalist and they omit as many complications of the RRS as possible. They are written for sailors who are starting to race and with no more than 2 years of racing experience. After this period these sailors should be encouraged to sail races under the Racing Rules of Sailing.

Boats racing under these rules should race on their own course and should not share the course area or marks with boats racing under the RRS.

Unlike normal racing, there is an obligation on the race organisers to verbally brief all competitors about the marks, the course and all relevant race management matters.

The role of rules advisor is a vital part of teaching the rules. Ideally the rules advisor should be afloat and should watch the racing but, as a minimum, the advisor must be available for discussion immediately the sailors return ashore. The rules advisor may be the same person as the race officer.

The standard penalty for breaking a rule is necessarily small at this learning stage and the difficulties of penalty turns are avoided. As it is only the advisor that imposes a penalty, possible pressure on a less confident competitor while racing is avoided. Note this two place penalty applies to all errors (including starting and course errors) although there is provision for increasing the penalty to avoid any advantage being gained from the error.

### **Feedback**

These rules are 'experimental'. Please let ISAF have your comments, criticisms and suggestions at [www.sailing.org/contactisaf](http://www.sailing.org/contactisaf). The rules will be updated as required and the latest version published on the ISAF website [www.sailing.org](http://www.sailing.org).